

SERVICE REFERRAL GUIDE BY FUNCTION



Please visit [Children and Youth Services Network](#) for the latest version of this guide.

Introduction:

This resource is intended to assist service providers in the use of a “no wrong door” approach to service information and referral, often referred to as “every door is the right door”. When a family or individual comes to you with a need that is not in your area of expertise, this list will direct you to the not-for-profit organization that is knowledgeable in that field, sector or function. By connecting with experts in other fields, you as a service provider become better equipped to seamlessly navigate clients towards the appropriate organization or service, using a “warm hand-off” which simply means “good customer service.” Please [CLICK HERE](#) to see what a “no wrong door” approach to information and referral looks like.

Every effort has been made to develop a resource for service providers that:

- Is **user friendly**: In order to be concise and easy to use, this service referral guide cannot list every program and service available in Hastings and Prince Edward Counties (HPE). But it will connect you to organizations that are leaders in their field, sector or function.
- **Facilitates seamless referral**: Organizations listed are knowledgeable about what programs and services are available in their field, sector or function, and how to access them.
- Includes **Francophone** and **Indigenous** service listings where available.
- Includes service listings for **geographic locations** where available; i.e., North Hastings, Centre Hastings, Belleville area, Quinte West, Tyendinaga Mohawk Territory and Prince Edward County.

Other key sources of local service information:

- **For programs not listed in this manual, dial 211** or [CLICK HERE](#). This free, non-emergency, information and referral service is open 24 hours a day, every day of the year, and is available in more than 150 languages. Certified information and referral specialists are caring, understanding and knowledgeable, and pride themselves on their ability to connect individuals to the services they need. Dispatch for our area is located in Ottawa.
- **Open Line Open Mind 310-OPEN (6736)** is a free, 24/7, confidential telephone service to get information, support, assessment and referral to all mental health and addictions services for ages 16+ in HPE. 310-OPEN also provides access to the Quinte Health Care Crisis Intervention Centre. [CLICK HERE](#) to view the Feel Better Toolkit.

SERVICE REFERRAL GUIDE BY FUNCTION



- If anyone has concerns about a **child's welfare**, call [Highland Shores Children's Aid](#) at 613-962-9291 or 1-800-267-0570 immediately. Highland Shores works in close partnership with [Mohawk Family Services](#) (613-967-0122) to ensure cultural awareness and sensitivity.
- For concerns in any other areas that are **health-related**, a primary health care provider should be contacted. Families looking to be matched with a family doctor or nurse practitioner can contact [Health Care Connect](#) at 1-800-445-1822.
- Find all **health services** in HPE at the [South East Health Line](#).
- The latest **Enhanced 18-month Well-Baby Visit Referral Map** for primary health care and community service providers can be downloaded at [Children and Youth Services Network](#).
- Checkered Flags, a **mental health** resource guide for schools, community agencies, families, and youth, can be downloaded at [Children and Youth Services Network](#).
- Red Cards, which list **services for youth** by function and community (Belleville, Central Hastings, North Hastings, Prince Edward County, and Quinte West - English and Francophone) can be downloaded at [Children and Youth Services Network](#).
- [Transitional Aged Youth \(TAY\) Connectors](#) follow a No Wrong Door and Warm Hand-off approach to the transition process and connecting youth 16-24 years to appropriate services.
- The Harm Reduction Task Force [Link Card](#) lists services related to drugs and alcohol.
- Information about **Francophone** programs and services for children, youth and families is available through the [Regional French Language Network South East](#).
- Gathering Communities Making Connections Guide for **Indigenous Families and Children** can be accessed at [KFL&A Children and Youth Services Planning Committee](#).
- Services for **newcomers** to Canada and HPE are available through [Quinte Immigration Services](#).
- Free local community directories are available online at:
 - ◆ [Hastings County Community Services Booklet](#).
 - ◆ [Prince Edward County Community Services](#).
- [Volunteer and Information Quinte](#) (VIQ) offers a free weekly eNewsletter about events across HPE. VIQ is also the data service provider for 211 in HPE. Please [CLICK HERE](#) to keep your information current in this important gateway to community, social, health and gov't services.

SERVICE REFERRAL GUIDE BY FUNCTION



BASIC NEEDS

Food and Nutrition	<p>Online Food Access Guide For Hastings and Prince Edward Counties Lists free, low cost and emergency food and meal programs by geographic area, or call Healthy Life Line below</p> <p>Online Nutrition Directory Lists nutrition programs and services by geographic area, or call Healthy Life Line at 613-966-5500, x610 or 1-800-267-2803, x610</p>
Income	<p>Ontario Works (OW), Ontario Disability Support Program (ODSP) & Other Financial Assistance:</p> <ul style="list-style-type: none"> • Hastings County Community and Human Services 613-771-9630 or 1-866-414-0300 • Prince Edward – Lennox & Addington Social Services 613-354-7991 or 1-866-716-7991 • Tyendinaga Social Services 613-967-0122 <p>Employment Insurance – Service Canada 1-800-622-6232</p>
Shelter	<p>Emergency: Please contact your local Ontario Works office (see INCOME section above)</p> <p>After Hours Emergency:</p> <ul style="list-style-type: none"> • Hastings County—Canadian Red Cross at 1-866-317-6544 • Prince Edward County—Picton Salvation Army at 613-476-3159 <p>For Women’s Shelters and Services, see SAFETY AND PROTECTION</p> <p>Canadian Mental Health Association Support within housing at 613-969-8874</p> <p>Hastings Housing Resource Centre Bancroft (613-332-8156), Belleville (613-969-1748), Madoc (613-473-0400), Trenton (613-392-8317)</p> <p>Prince Edward – Lennox & Addington Social Services Social Housing Branch at 613-354-5695 or 1-866-806-9680</p> <p>Youthab (ages 16-24 years) - Bancroft (613-332-5558), Belleville (613-969-0830), Madoc (613-473-0400), Picton (613-476-6456), Trenton (613-392-9157)</p>

EMPLOYMENT

[Career Edge](#) Youth and adult services Picton (613-476-6456), Trenton (613-392-9157)

[Community Employment Services - Loyalist College](#) Youth and adult services Bancroft (613-332-1743 or 1-877-309-0317), Belleville and Centre Hastings (613-966-0205 or 1-866-860-5652)

[Kagita Mikam Aboriginal Employment & Training](#) Youth and adult services Tyendinaga (613-396-3424, x101)

[META Employment Services](#) Youth and adult generic services Belleville (613-966-9069), Marmora on Tuesdays (613-966-9069 or 1-888-401-9636)

[Youthab](#)/Career Edge Youth services Belleville (613-969-0830)

TRANSPORTATION

Hastings & Prince Edward Transportation Solutions
 Visit <http://www.hpctransportation.ca/>
 or call Volunteer and Information Quinte for assistance at 613-969-8862

SERVICE REFERRAL GUIDE BY FUNCTION



EDUCATION

Adult Literacy and Skills Training for ages 18 years and up:

- [CLA Community Learning Alternatives](#) (Belleville, Madoc, Trenton) at 613-962-9615
- [Prince Edward Learning Centre](#) (Picton) at 613-476-1811

Elementary and Secondary:

- [Algonquin and Lakeshore Catholic District School Board](#) K-12 and Loyola School of Adult and Continuing Education in Belleville, Picton and Trenton - 613-354-6257 or 1-800-581-1116
- [Conseil des écoles publiques de l'Est de l'Ontario](#) K-12 in Trenton - 1-888-332-3736
- [Conseil des écoles Catholiques du Centre-Est](#) K-8 in Trenton - 1-888-230-5131
- [Hastings and Prince Edward District School Board](#) K-12 and Adult Education in Bancroft, Belleville, Madoc and Trenton - 613-966-1170 or 1-800-267-4350
- [Quinte Mohawk School](#) K-8 in Tyendinaga Mohawk Territory - 613-966-6984
- [Sir James Whitney School for the Deaf](#) - 613-967-2823 (TTY) or 1-800-501-6240

Licensed Early Childhood Education for ages 0 to 12 years:

- [Hastings County Children's Services](#) - 613-771-9630 or 1-866-414-0300
- [Prince Edward – Lennox & Addington Social Services](#) - 1-888-354-0114, x85
- [Ministry of Education – Search for Child Care](#) - 1-800-387-5514

Online High School Distance Education, GED Testing and Free Homework Help for Grades 7-10:

- [Independent Learning Centre](#) - 1-800-387-5512

Post-Secondary:

- [First Nations Technical Institute](#) (FNTI) - 613-396-2122 or 1-800-267-0637
- [Loyalist College](#) - 613-969-1913 or 1-888-569-2547

JUSTICE AND LEGAL

[Community Advocacy and Legal Centre](#) - 613-966-8686 or 1-877-966-8686

[Legal Aid Ontario](#) - 1-800-668-8258

[Mental Health Court Diversion](#) - 310-OPEN (6736)

[Ministry of Community Safety and Correctional Services](#) (adult) - 1-866-517-0571

Youth Justice:

- [Community Organized Support and Prevention](#) (COSP) - 613-966-7410
- [John Howard Society of Belleville](#) - 613-968-6628
- [Ministry of Children and Youth Services Probation Services](#) - 1-877-345-5622
- [Trent Community Correctional Committee](#) - 613-394-3911
- [Tyendinaga Justice Circle](#) - 613-967-3888

SERVICE REFERRAL GUIDE BY FUNCTION



HEALTH

Dental	<p>Hastings Prince Edward Public Health – Healthy Smiles Ontario and Children in Need of Treatment (CINOT) - 613-966-5500 x680 or 1-800-267-2803 x680</p> <p>Dental Care for OW/ODSP recipients, and those with limited financial resources:</p> <ul style="list-style-type: none"> • Belleville and Quinte West Community Health Centre - Belleville (613-962-0000, x263) • Gateway Community Health Centre - Tweed (613-478-1211, x315)
Developmental/ Autism	<p>Counselling Services of Belleville and District (ages 0-18 years) - 613-966-7413 / 613-332-3227</p> <p>Developmental Services Ontario (adult contact point) - 1-855-237-6737</p> <p>Kerry's Place Autism Services (all ages) - 613-968-5554</p> <p>Pre-School Speech and Language Program (ages birth to school entry) - 613-969-7400, x2247</p> <p>Ministry of Children and Youth Services - Kingston Area Office - 1-800-646-3209</p> <p>Quinte Children's Treatment Centre (ages 0-18 years or 21 if in school) - 613-969-7400, x2247</p> <p>South East Health Line Lists health and support services by county, or contact the Community Care Access Centre - 613-966-3530 or 1-800-668-0901, Bancroft (613-332-2444)</p>
Mental Health and Addictions	<p>Children's Services:</p> <ul style="list-style-type: none"> • Children's Mental Health Services (0-18 years) - Bancroft (613-332-3807), Belleville (613-966-3100), Madoc (613-473-1685), Picton (613-476-8253), Trenton (613-392-4331) • Aboriginal Children's Mental Health Program (0-18 years) - Tyendinaga (613-967-0122) <p>Youth and Adult Services:</p> <ul style="list-style-type: none"> • Open Line Open Mind (ages 16+) - 310-OPEN (6736) • Canadian Mental Health Association (ages 16+) - 613-969-8874 • Youthab Bancroft (613-332-5558), Belleville (613-969-0830), Madoc (613-473-0400), Picton (613-476-6456), Trenton (613-392-9157) Download mental wellness apps HERE
Physical	<p>Community Health Team - Tyendinaga (613-967-3603)</p> <p>Hastings Prince Edward Public Health - 613-966-5500</p> <p>Ministry of Health and Long-Term Care Find a family doctor - 1-800-445-1822</p> <p>South East Health Line Lists health and support services by county</p> <p>Telehealth Ontario - 1-866-797-0000</p>

SAFETY AND PROTECTION

- Child Protection Services:**
- [Highland Shores Children's Aid](#) - 613-962-9291 or 1-800-267-0570
 - [Mohawk Family Services](#) - 613-967-0122
 - [Sexual Assault Centre for Quinte and District](#) - (Belleville) - 613-967-6300
- Women's Shelters and Services:**
- [Alternatives for Women](#) (Picton) - 613-476-4435 (office), 613-476-2787 (24hr)
 - [Maggie's Resource Centre](#) (Bancroft) - 613-332-3010 (24hr)
 - [Red Cedars](#) (Tyendinaga) - 613-967-2003 (office), 1-800-672-9515 (24hr)
 - [Three Oaks Shelter and Services](#) (Hastings-Prince Edward) - 613-966-3074 (office), 1-800-267-0533 (24hr)

SERVICE REFERRAL GUIDE BY FUNCTION



PRENATAL TO 12 SUPPORTS AND RESOURCES

Healthy Babies Healthy Children:

- [Hastings Prince Edward Public Health](#) 613-966-5500, x223 or 1-800-267-2803, x223
- Indigenous—[Family Health & Child Development](#) Tyendinaga (613-967-0122)
- Indigenous—[Ontario Native Women's Association](#) Off Reserve (613-354-6318)
- Indigenous—[Métis Nation of Ontario](#) North Hastings (1-800-263-489)

Ontario Early Years Centres (OEYCs):

- [Family Space Quinte](#) Belleville (613-966-9427)
- [North Hastings Children's Services](#) 613-332-0179
- [The Hub Child and Family Centre](#) Picton (613-476-8142)
- [Trenton Military Family Resource Centre](#) 613-965-3575
- [Trenton Ontario Early Years Centre](#) 613-394-1780

Other Parenting Supports:

- [Child Health CARELine](#) 613-966-5500, x223 or 1-800-267-2803, x223
- [Counselling Services of Belleville and District](#) Bancroft (613-332-3227), Belleville (613-966-7413)
- [Gateway Community Health Centre](#) Central Hastings (613-478-1211)
- [Quinte Health Care Maternal-Child Program](#) 613-969-7400 or 1-800-483-2811
- [Tahatikohsontontie Head Start](#) Tyendinaga (613-396-6716)

Resource Consultant Programs:

- [Community Living Prince Edward](#) 613-476-6038
- [Family Space Quinte](#) Hastings County (613-966-9427)
- [Eksa 'Okon:'a Childcare Centre](#) Tyendinaga (613-967-4401)

SOCIAL AND RECREATION

[Big Brother's Big Sisters](#) 613-962-3666 or 1-855-962-3666

[Physical Activity Directory](#) Lists physical activities by geographic area and includes financial assistance programs, or call Healthy Life Line at 613-966-5500, x610 or 1-800-267-2803, x610

Recreation and Events Calendars:

- [Bay of Quinte](#) (Belleville, Deseronto, Quinte West)
- [Centre Hastings](#)
- [Mohawks of the Bay of Quinte](#)
- [North Hastings](#)
- [Prince Edward County](#)

Youth Centres:

- [Celebrate Youth Movement/Youth in Action](#) (North Hastings) - 613-332-2090
- [Frankford Youth Centre](#) 613-398-1211
- [Good Minds](#) (Tyendinaga) 613-967-0122
- [John Howard Society of Belleville](#) 613-968-6628
- [Quinte West Youth Centre](#) 613-392-6946
- [ROC \(Recreation Outreach Centre\)](#) (Picton) 613-476-2001