Eighth Conference of the Early Psychosis Intervention Program of Southeastern Ontario

“Psychosis, Beyond the Symptoms: Promoting Functional Recovery”

Monday, September 30th, 2013

The Radisson Hotel, Kingston Harbourfront
1 Johnston Street
Kingston, ON
Tel: 613-549-8100

The Conference is organized by the Heads Up! clinical team at Hotel Dieu Hospital & the Cognitive and Psychotic Disorders Laboratory at Queen’s University, Kingston, ON

Directions to Hotel

The Heads Up! Program
Heads Up! is a program specializing in Early Psychosis Intervention for Southeastern Ontario at Hotel Dieu Hospital. The multidisciplinary team provides services to persons 14 to 35 years of age who are experiencing their first episode of psychosis or have not received treatment for psychosis.

Program Team
Case Managers
Paddy Dolphin
Kathy Hunn
Jennifer Jackson
Carrie Marshall
Rachel Spink
Sue Streight
Brenda Towns
Kathy White
Clinic Nurse
Mary Anne Hensman
Program Manager
Michelle Matthews
Psychiatrists
Dr. Essam Abdelmotaal
Dr. Michele Boyd
Psychologist
Dr. Chris Bowie
Secretaries
Jane Dumbleton
Kristina Kulik

Early Psychosis Intervention Program of Southeastern Ontario

“Psychosis, Beyond the Symptoms: Promoting Functional Recovery”

Monday, September 30th, 2013

The Radisson Hotel, Kingston Harbourfront
1 Johnston Street
Kingston, ON
Tel: 613-549-8100
Workshop List

Each of the four workshops will be offered twice. Please indicate your preferences on the registration form.

Workshop A
Assertiveness Skills for Youth with Mental Illness
By Michael Grossman, M.A. and Rachel Spink, B.S.W., M.S.W., RSW
Skills for making clear, powerful messages without being aggressive will be addressed.

Workshop B
Sleep Hygiene
By Ruzica Jokic, M.D.
Everyday tips for improving sleep quality will be discussed.

Workshop C
Vocational Rehabilitation Opportunities
By Jackie Stoneman and Tammy Vanrooy
This workshop provides tips for accessing vocational supports and returning to work.

Workshop D
Enhancing Social Cognition
By Katherine Holshausen
Strategies to combat misunderstandings in interpersonal relationships.

Itinerary

08:15 - 09:00 Registration and light breakfast
09:00 - 09:15 Welcome and Opening Remarks

Session 1:
Dr. Martin Lepage, Plenary Speaker
09:15 - 10:00 Development and Effectiveness of a New Social Anxiety Therapy for Early Psychosis
10:00 - 10:15 Questions and Answers
10:15 - 10:30 Refreshment Break

Session 2:
Data Blitz
10:30 - 11:00 A series of brief talks presenting new findings that are “hot off the press”
11:00 - 12:00 Workshops, Round 1
12:00 - 13:15 Lunch

Session 3:
Dr. Sean Kidd, Plenary Speaker
13:15 - 14:00 “Cognitive Interventions for Psychosis: Promising Approaches addressing Enhancement and Adaptation”
14:00 - 14:15 Questions and Answers
14:15 - 15:15 Workshops, Round II
15:15 - 15:30 Refreshment Break

Session 4:
Round Panel Discussion
15:30 - 16:15 Functional Recovery in Mental Illness: Definitions, Setting Goals, and Overcoming Barriers
16:15 - 16:30 Closing Remarks

Plenary Speakers

Sean Kidd, PhD is the Head of the Psychology Service in the Centre for Addiction and Mental Health's Schizophrenia Program and is an Independent Clinician Scientist. He is also an Assistant Professor with the McMaster and University of Toronto Departments of Psychiatry.

Martin Lepage, PhD Researcher, Douglas Institute Assistant Professor, Department of Psychiatry, McGill University is exploring several inter-related dimensions of schizophrenia and other psychoses through the use of various clinical, neurocognitive and neuroimaging techniques.