

MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH IN HASTINGS & PRINCE EDWARD COUNTIES

WHERE TO FIND HELP:

In Hastings and Prince Edward Counties, there are three main agencies that provide mental health services and support to children, youth, and their families. These three agencies provide separate though complimentary services and offer a 24/7 Information/Crisis line, as well as urgent care services.

The logo for CMHS features the letters 'C', 'M', and 'H' in a bold, blue, sans-serif font. The letter 'M' is stylized to include a silhouette of a person's head and shoulders, also in blue.The logo for Parent Child & Youth Clinic consists of three stylized human figures in purple, orange, and green, arranged in a circle. Below the figures, the text 'PARENT CHILD & YOUTH CLINIC' is written in a bold, sans-serif font, with 'PARENT' in purple, 'CHILD' in orange, and '& YOUTH CLINIC' in green. Underneath, the tagline 'Guiding families forward.' is written in a smaller, black, sans-serif font.

**PARENT CHILD
& YOUTH CLINIC**
Guiding families forward.

The logo for the Child and Youth Urgent Care Clinic features a red banner with the word 'NEW' in white, bold, sans-serif font. Below the banner, the text 'Child and Youth Urgent Care Clinic' is written in a black, sans-serif font, centered within a blue circular background that has a gradient effect.The logo for youthab features the word 'youthab' in a lowercase, sans-serif font. The letter 'o' is stylized as a yellow and orange circle with a white outline. Below the main text, the words 'youth habilitation quite inc.' are written in a smaller, black, sans-serif font. At the bottom, the tagline 'counselling. housing. employment.' is written in a red, italicized, sans-serif font.

youthab
youth habilitation quite inc.
counselling. housing. employment.

WHEN CHILDREN AND YOUTH ARE IN CRISIS, WHERE CAN YOU TURN?

- Children's Mental Health Services operates the Child/Youth Mental Health Information/Crisis Line 24 Hours a day/7 Days a week.
- If a client calls the Child/Youth Mental Health Information/Crisis Line and are not in crisis they will be directed to the most appropriate service; the Urgent Care Clinic, CMHS, or Youthab.
- If a client calls the Child/Youth Mental Health Information/Crisis Line and they are in danger of harming themselves or others they will be referred to the nearest hospital.
- If a client calls the Child/Youth Mental Health Information/Crisis Line and they are not in danger of harming themselves or others they will be referred to the appropriate service the next working day.

CMHS



CHILDREN'S MENTAL HEALTH SERVICES (CMHS)

<http://www.cmhs-hpe.on.ca/>

CMHS in partnership with families and communities promotes the healthy emotional well-being of children and youth through a range of services and supports.

Who do we work with?

CMHS works with children and youth (0-18) and their families.

Children over the age of 12 years may refer themselves, or must consent to referrals made on their behalf.

Services:

- CMHS provides a range of mental health services from the least intensive to the most intensive, including but not exclusive to; assessment, individual, family and group therapy, case consultation, case management, intensive in-home, section 23 (special education programs) and residential services.
- CMHS's Information/Crisis line will refer all new children/youth to appropriate services

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Youthhab



YOUTH HABILITATION QUINTE INC.

www.youthhab.ca

Youthhab provides a spectrum of services to facilitate a young person's transition to independence.

Who do we work with?

Youthhab works primarily with youth 16 to 24 years of age and young people in local high schools.

Services:

- Services include supportive housing, mental health counselling, and career and employment preparation.

How you can find us?

We have 4 locations to help serve youth in their communities.

Bancroft • Belleville • Madoc • Trenton

For more information phone 613-969-0830
or toll free at 1-866-859-9222.

Parent Child & Youth Clinic



PARENT CHILD AND YOUTH CLINIC

www.qhc.on.ca/parentchild--youth-clinic-c72.php

The Parent, Child and Youth Clinic is a hospital based outpatient program with an objective to provide assessment/diagnosis and client-centred treatment through a model of care that is strength-based.

Who do we work with?

The clinic provides services to children and adolescents 4 to 15 years of age and their families.

Services:

- The Urgent Care Clinic is operated by PCYC
 - Designated staff will be available each day
- Short-term treatment modalities
- Section 23 (Special Education Program)
 - Junior elementary (JK-3)

How can you find us?

For more information call 613-969-7400 ext. 2691.

How can you find us?

The clinic is located at Quinte Healthcare:

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Parent Child and Youth Clinic
265 Dundas Street East, WCA4
Belleville, ON
K8N 5A9

Services are also available out of Trenton Memorial Hospital as required and scheduled.



CHILDREN and YOUTH SERVICES NETWORK
www.hpechildrenandyouth.ca

Who are we?

The Hastings and Prince Edward Children and Youth Services Network is comprised of representatives from over 50 not-for-profit agencies and organizations that serve children, youth, and their families in Hastings and Prince Edward Counties.

Our Vision

Our vision is a community where there is a children's services system that is effective, integrated, and responsive in order to advance the well-being of children, youth and families and where children and youth are valued.

Our Mandate

To ensure the needs and priorities of our community guide the planning and delivery of services for children, youth and families in Hastings and Prince Edward Counties.

