

Counselling Services of Belleville & District . . . 613-966-7413
 Crisis Intervention Hastings/Prince Edward . . .613-962-7227
 Drug and Alcohol Information Line1-800-463-6273
 Highland Shores Children's Aid613-962-9291
 & 1-800-267-0570
 HIV/AIDS Regional Services1-800-565-2209
 Kids Help Phone1-800-668-6868
 LGBT Information Line1-800-268-9688
 Mental Health Services Hastings
 Prince Edward Corp.613-394-1655
 National Eating Disorder Information Line . . .1-866-633-4220
 New Beginnings Support Centre613-394-3449
 Open Line Open Mind613-310 (OPEN) 6736
 Quinte West Youth Centre613-392-6946
 Sexual Assault Centre (Trenton)613-967-6300
 Sexual Assault Helpline (24 hr)1-877-544-6424
 Three Oaks Shelter for Women & Children . . 613-966-3074
 Trenton Family Military Resource Centre . . .613-965-3575
 Volunteer & Information Quinte613-969-8862
 Youth Habilitation Quinte Inc.613-392-8317



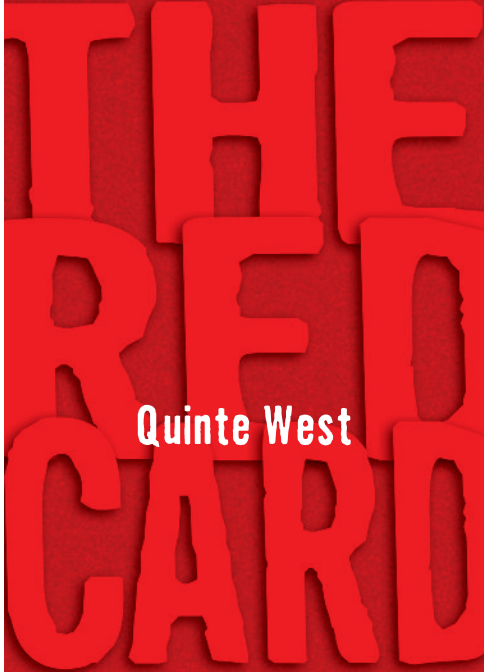
When you don't know
where to turn.™



www.hpechildrenandyouth.ca

March 2013

Quinte West



Where Can I Get Help to Find a Job?

Career Edge	613-392-9157
Hastings County Ontario Works	613-392-1387
Military Family Resource Centre Employment Counselor	613-392-2811 x. 3852
Employment Ontario Hotline	1-800-387-5656
Service Canada/SIN# Information	1-800-206-7218

Where Can I Get Help to Complete My Education?

Algonquin and Lakeshore Catholic District School Board	1-800-581-1116
Alternative Centre Trenton (ACT)	613-392-6028
Bayside Secondary School	613-966-2922
Community Learning Alternatives	613-394-3740
École secondaire publique Marc-Genneau	613-394-0617
General Education Development (GED)	1-800-573-7022
Hastings and Prince Edward District School Board	1-800-267-4350
Independent Learning Centre	1-800-387-5512
Loyalist College: College Prep Program	613-969-1913 x. 2456
Loyola Adult & Continuing Education	613-965-5840
Ministry of Education, Training, Colleges & Universities	1-800-387-5514
St. Paul's Secondary School	613-394-4843
Trenton Secondary School	613-392-1227

Where Can I Get Help to Find Food, Shelter & Clothing?

Community Advocacy & Legal Centre	613-966-8686
Community Partners For Success	613-965-1167
Food for You, Food for Two (Prenatal)	613-966-5513 x. 675
Good Food/Baby Box Programs (CDC)	613-968-2466

Hastings Housing Programs Branch	613-968-3465
Hastings Housing Resource Centre	613-392-8317
Landlord & Tenant Information	1-888-332-3234
Salvation Army	613-392-9905
Salvation Army Thrift Store	613-392-4538
Salvation Army After Hours	1-866-414-0300
Three Oaks Foundation	613-966-3074
Trenton Care & Share Food Bank	613-394-5551
Youth Habilitation Quinte Inc.	613-392-8317

Where Can I Get Help for Financial Assistance?

Credit Counseling Services	613-966-3556
Hastings County Ontario Works	613-392-1387
Quinte West Community Trust	613-392-1387 x. 2202

Where Can I Get Health Advice?

8 Wing Trenton Family Medical Clinic	613-392-2200
Belleville & Quinte West CHC Sexual Health Clinic	613-965-0698
Hastings & Prince Edward Counties Health Unit Sexual Health Clinic	613-394-4831
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Health Card Info Line	1-800-664-8988
Poison Control Centre	1-800-268-9017
Quinte Health Care Trenton Mem. Hosp	613-392-2540
Telehealth	1-866-797-0000

Where Can I Go for Support Services?

Addictions Centre	613-392-0777
AIDS Hotline	1-800-668-2437
Alcoholics Anonymous, Alateen, Al-Anon	1-866-951-3711
Children's Mental Health Services	613-392-4331
Community Advocacy & Legal Centre	613-966-8686