

Where Can I Go for Support Services?

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|---|--------------------------|
| 3 Doors Down Support Centre |613-471-1347 |
| Addictions Centre |613-969-0077 |
| AIDS Hotline |1-800-668-2437 |
| Alcoholics Anonymous, Alateen, Al-Anon | ...1-877-961-2134 |
| Alternatives for Women |613-476-2787 |
| Children's Mental Health Services |613-476-8252 |
| Community Advocacy and Legal Centre | ...613-966-8686 |
| Counselling Services of Belleville & District | ..613-476-7471 |
| Crisis Intervention Hastings/Prince Edward | 1-888-962-7227 |
| Drug and Alcohol Information Line |1-800-463-6273 |
| HIV/AIDS Regional Services |1-800-565-2209 |
| Kids Help Phone |1-800-668-6868 |
| LGBT Information Line |1-800-268-9688 |
| Mental Health Services Hastings | |
| Prince Edward Corp. |613-476-2990 |
| Open Line Open Mind |613-310 (OPEN) 6736 |
| Recreation Outreach Centre (ROC) |613-476-2001 |
| Sexual Assault Centre (Picton) |613-967-6300 |
| Sexual Assault Helpline (24 hr) |1-877-544-6424 |



When you don't know
where to turn.™



www.hpechildrenandyouth.ca

March 2013



Prince Edward County

Where Can I Get Help to Find a Job?

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| Career Edge | 613-476-6456 |
| Community Employment Services/Summer Jobs Service | 613-966-0205 & 1-866-860-5652 |
| Employment Ontario Hotline | 1-800-387-5656 |
| Prince Edward County Ontario Works | 613-476-2842 |
| Service Canada/SIN# Information | 1-800-206-7218 |

Where Can I Get Help to Complete My Education?

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| Algonquin and Lakeshore Catholic District School Board | 1-800-581-1116 |
| Hastings and Prince Edward District School Board | 613-966-1170 |
| Independent Learning Centre | 1-800-387-5512 |
| Loyalist College: College Prep Program | 613-969-1913 x. 2456 |
| Loyola Adult Day School | 613-476-9685 |
| Ministry of Education, Training, Colleges & Universities | 1-800-387-5514 |
| Prince Edward Alternative School (PEAS) | 613-476-2095 |
| Prince Edward Collegiate Institute | 613-476-2196 |
| Prince Edward Learning Centre (GED) | 613-476-1811 |

Where Can I Get Help to Find Food, Shelter & Clothing?

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| Alternatives for Women | 613-476-2787 |
| Community Advocacy & Legal Centre | 613-476-6941 |

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| Good Food Box Program | 613-476-6038 |
| Landlord & Tenant Information | 1-888-332-3234 |
| Picton Food Bank | 613-476-8516 |
| Prince Edward/Lennox & Addington Housing Corp. | 1-866-806-9680 |
| Salvation Army | 613-476-3159 |
| Second Time Around Shop | 613-476-6671 |
| The Storehouse Wellington & District Food Bank | 613-399-1450 |
| Youth Habilitation Quinte Inc. | 613-969-0830 |

Where Can I Get Help for Financial Assistance?

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| Credit Counseling Services | 613-966-3556 |
| Prince Edward County Ontario Works | 613-476-2842 |
| Prince Edward/Lennox & Addington Social Service Housing Assistance Program | 1-866-716-7991 |

Where Can I Get Health Advice?

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| Hastings & Prince Edward Counties Health Unit | 613-476-7471 |
| Sexual Health Clinic | 613-476-7471 |
| Needle Exchange Program | 613-966-5513 x. 620 |
| Tobacco Talk Line | 613-966-5513 x. 600 |
| Health Card Info Line | 1-800-268-1154 |
| Needle Exchange Information Line | 613-966-5513 x.620 |
| Poison Control Centre | 1-800-268-9017 |
| Prince Edward Family Health Team | 613-476-0400 |
| Quinte Health Care Prince Edward County Memorial Hospital | 613-476-1008 |
| Telehealth | 1-866-797-0000 |