

## Where Can I Go for Support Services?

Addictions Centre	613-332-6868
AIDS Hotline	1-800-361-2895
Alcoholics Anonymous, Alateen, Al-Anon	1-888-214-0473
Children's Mental Health Services	613-332-3807
Community Advocacy & Legal Centre	1-877-966-8686
Counselling Services of Belleville and District	613-332-3227
Crisis Intervention Hastings/Prince Edward	1-888-757-7766
Drug & Alcohol Information Line	1-800-463-6273
Highland Shores Children's Aid	613-332-2425 & 1-800-267-0570
HIV/AIDS Regional Services	1-800-565-2209
Kids Help Phone	1-800-668-6868
LGBT Information Line	1-800-268-9688
Lifehouse Support Centre	613-332-4056
Maggie's Resource Centre	613-332-3010
North Hastings Community Integration Association	613-332-2090
Open Line Open Mind	613-310 (OPEN) 6736
Sexual Assault Centre (Bancroft)	613-332-0757
Sexual Assault Helpline (24 hr)	1-877-544-6424



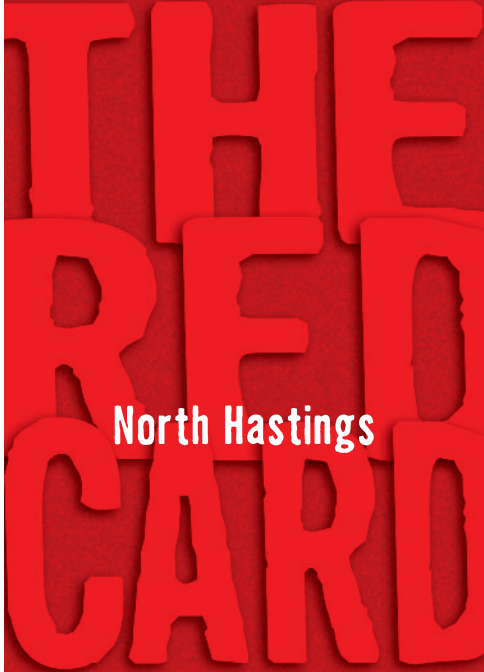
When you don't know  
where to turn.™



[www.hpechildrenandyouth.ca](http://www.hpechildrenandyouth.ca)

March 2013

# North Hastings



### **Where Can I Get Help to Find a Job?**

Career Edge	613-332-3804
Community Employment Services/Summer Jobs Service	613-332-1743 x.1 & 1-877-309-0317
Service Canada	613-332-2528
Hastings County Ontario Works	613-332-3410
Employment Ontario Hotline	1-800-387-5656
Service Canada/SIN# Information	1-800-206-7218

### **Where Can I Get Help to Complete My Education?**

Algonquin and Lakeshore Catholic District School Board	1-800-581-1116
General Education Development (GED)	1-800-573-7022
Hastings and Prince Edward District School Board	1-800-267-4350
Independent Learning Centre	1-800-387-5512
Loyalist College: College Prep Program	613-969-1913 x. 2456
North Hastings High School	613-332-1220
Ministry of Education, Training, Colleges & Universities	1-800-387-5514

### **Where Can I Get Help to Find Food, Shelter & Clothing?**

Choices Thrift Shop	613-334-0439
Community Advocacy & Legal Centre	1-877-966-8686
Good Food/Baby Box Programs	613-332-4673
Food for You, Food for Two (Prenatal)	1-800-267-2803 x. 675

Hastings County Housing Programs Branch	1-800-267-2804
Hastings Housing Resource Centre	613-332-8156
Landlord & Tenant Information	1-888-332-3234
Maggie's Safe Homes	613-332-3010
New to You	613-332-2229
North Hastings Community Cupboard	613-334-6981
Salvation Army After Hours	1-866-414-0300
Youth Habilitation Quinte Inc.	613-332-5558

### **Where Can I Get Help for Financial Assistance?**

Community Trust	613-339-1100
Credit Counselling Services	1-800-379-5556
Hastings County Ontario Works	613-332-3410
North Hastings Budget Services	613-334-6625

### **Where Can I Get Health Advice?**

Bancroft Family Health Team	613-332-6783
Hastings & Prince Edward Counties Health Unit Sexual Health Clinic	613-332-4555
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Health Card Information Line	1-800-664-8988
North Hastings Family Health Team	613-332-5692
Poison Control Centre	1-800-268-9017
Quinte Healthcare North Hastings Hospital	613-332-2825
Telehealth	1-866-797-0000