

Where Can I Go for Support Services?

Addictions Centre	613-969-0077
AIDS Hotline	1-800-668-2437
Alcoholics Anonymous, Alateen, Al-Anon	1-888-214-0473
Children's Mental Health Services	613-473-1685
Community Advocacy & Legal Centre	1-877-966-8686
Counselling Services of Belleville & District	613-473-5255
Crisis Intervention Hastings/Prince Edward	1-888-757-7766
Drug & Alcohol Information Line	1-800-463-6273
Friends & Neighbours Support Centre	613-473-4111
Highland Shores Children's Aid	613-962-9291 & 1-800-267-0570
HIV/AIDS Regional Services	1-800-565-2209
Kids Help Phone	1-800-668-6868
LGBT Information Line	1-800-268-9688
Madoc Support Centre	613-473-4111
Mental Health Services Hastings Prince Edward Corp.	613-473-9914
National Eating Disorder Information Centre	1-866-633-4220
Open Line Open Mind	613-310 (OPEN) 6736
Sexual Assault Centre (Madoc)	613-967-6300
Sexual Assault Helpline (24 hr)	1-877-544-6424
Three Oaks Shelter for Women & Children	613-473-1976
Volunteer & Information Quinte	1-866-340-0899
Youth Habilitation Quinte Inc.	613-473-0400



When you don't know
where to turn.



www.hpechildrenandyouth.ca

March 2013

Central Hastings

Where Can I Get Help to Find a Job?

Career Edge	.613-969-0192
Community Employment Services/Summer Jobs Service	.613-966-0205 & 1-866-860-5652
Hastings County Ontario Works	.613-473-5258
Employment Ontario Hotline	1-800-387-5656
Meta Employment Services	.613-396-1203 & 1-888-401-9636
Service Canada/SIN# Information	1-800-206-7218

Where Can I Get Help to Complete My Education?

Algonquin and Lakeshore Catholic District School Board	1-800-581-1116
Centre Hastings Secondary School	.613-473-4251
Centre Hastings Alternative Program (CHAP)	.613-473-4097
General Education Development (GED)	1-800-573-7022
Hastings and Prince Edward District School Board	1-800-267-4350
Loyalist College: College Prep Program	.613-969-1913 x. 2456
Independent Learning Centre	1-800-387-5512
Ministry of Education, Training, Colleges & Universities	1-800-387-5514

Where Can I Get Help to Find Food, Shelter & Clothing?

Anchor of Hope	.613-473-0606
Community Advocacy & Legal Centre	1-877-966-8686
Community Care	.613-473-9009
Good Food/Baby Box Programs (CDC)	.613-473-5255

Hastings County Housing Programs Branch	1-800-267-2804
Hastings Housing Resource Centre	.613-473-0400
Landlord & Tenant Information	1-888-332-3234
Madoc Food Bank	.613-473-5255
Marmora Food Bank	.613-472-3219
People Helping People	.613-473-5258
Salvation Army	.613-478-3375
Salvation Army After Hours	1-866-414-0300
Thrift Shop	.613-473-1421
Youth Habilitation Quinte Inc.	.613-473-0400

Where Can I Get Help for Financial Assistance?

Centre Hastings Community Trust	.613-473-5258
Credit Counseling Services	1-800-379-5556
Hastings County Ontario Works	.613-473-5258

Where Can I Get Health Advice?

Central Hastings Family Health Team (Madoc)	.613-473-4134
Gateway Community Health Centre (Tweed)	.613-478-1211
Gilmour Medical Clinic	.613-474-0233
Hastings & Prince Edward Counties Health Unit	.613-473-4247
Sexual Health Clinic	.613-473-4247
Needle Exchange Program	.613-966-5513 x. 620
Tobacco Talk Line	.613-966-5513 x. 600
Health Card Information Line	1-800-664-8988
Marmora Medical Centre	.613-472-6131
Poison Control Centre	1-800-268-9017
Telehealth	1-866-797-0000